

Julia Marie Jankowski

* 20.12.1993 in Hamburg

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Education

Since 2021	PhD candidate in Motivation Psychology, University of Vienna
Oct. 2017 – Sep. 2020	Master of Science in Psychologie: Human Performance in Socio-Technical Systems (average grade: 1,0), Technical University Dresden, Thesis: <i>The Impact of Lay Theories of the World on Climate Change Belief and Pro-Environmental Behavior</i>
Oct. 2012 – Sep. 2016	Bachelor of Science in Psychology (average grade: 1,2), University of Hamburg, Thesis: <i>When Companies in Controversial Industries Engage in CSR to Enhance Their Attractiveness, the Extent of the Measures Is Vital</i>
Aug. 2014 – Jan. 2015	Semester abroad , Örebro University, Sweden
Aug. 2004 – June 2012	Abitur (German A-levels) (average grade: 1,1), Niels-Stensen-Gymnasium, Hamburg, DMV award for mathematics
Aug. 2009 – Aug. 2010	Year abroad , Colegio Nacional Portoviejo, Ecuador

Professional Positions

Since Feb. 2021	PhD candidate Motivation Psychology (University of Vienna)
Sep. 2020 – Dec. 2020	Research associate Social Psychology (Technical University Dresden)
Apr. 2019 – Dec. 2019	Internship and working student SYSTEMA, EU-funded research project on digitalization at work (Dresden)
March 2018 – Feb. 2019	Student assistant Work and Organizational Psychology (Technical University Dresden)
Sep. 2016 – Feb. 2017	Internship Lufthansa, personnel selection and diagnostics (Frankfurt)
June 2015 – July 2015 & Nov. 2015 – Sep. 2016	Research internship and student assistant Education Psychology and Motivation (University of Hamburg)

Awards and Scholarships

Dec. 2022	PhD Scholarship , University of Vienna, StudFG (2.200,00 €)
Sep. 2022	Second place at University of Vienna hackathon on <i>Digital solutions for societal challenges – Vienna Climate Challenge</i>

Apr. 2021 **Graduate award**, Faculty of Psychology, Technical University
Dresden

Publications

Jankowski, J. M., & Job, V. (2023). The role of lay beliefs about willpower and daily demands in day-to-day pro-environmental behavior. *Journal of Environmental Psychology*, 88.
<https://doi.org/10.1016/j.jenvp.2023.102024>

Scientific Presentations

Jankowski, J. M., Mlynski, C., Prinz, T., & Job, V. (2024, May 23). *Saving the Environment? That's Beyond My (Will)Power!* [Talk]. APS Annual Convention, San Francisco, USA.

Jankowski, J. M., Mlynski, C., Prinz, T., & Job, V. (2024, May 23). *Saving the Environment? That's Beyond My (Will)Power!* [Poster]. Society for the Science on Motivation Conference, San Francisco, USA.

Jankowski, J. M., Mlynski, C., Prinz, T., & Job, V. (2024, February 1). *Saving the Environment? That's Beyond My (Will)Power!* [Talk]. CoBeNe PhD Academy, Vienna, Austria.

Jankowski, J. M., Mlynski, C., & Job, V. (2023, July 1). *Lay theories about the world influence efficacy beliefs and pro-environmental behavior*. [Poster]. 19th General Meeting of the European Association of Social Psychology, Krakau, Poland.

Jankowski, J. M., & Job, V. (2023, June 21). *The role of lay theories about willpower and daily demands in day-to-day pro-environmental behavior*. [Poster]. International Conference on Environmental Psychology, Aarhus, Denmark.

Jankowski, J. M., & Job, V. (2023, February 2). *The role of lay theories about willpower and daily demands in day-to-day pro-environmental behavior*. [Talk]. CoBeNe PhD Academy, Vienna, Austria.

Jankowski, J. M., & Job, V. (2022, September 12). *Demands and lay theories about willpower influence pro-environmental behavior*. [Talk]. Österreichische Tagung für Umweltpsychologie, Vienna, Austria.

Volunteer Work & Science Communication

May 2024 **Blog post for In-Mind** on self-control and pro-environmental behavior [Macht uns der innere Schweinehund zum Umweltferkel?](#)

Jan. 2024 **Radio interview at Ö1 Gesundheitsmagazin** on motivation and behavior change [Motivation – Vom Vorsatz zur Verhaltensänderung](#)

Sep. 2023 – Feb. 2024 **Co-organization of conference of Doctoral School** ([CoBeNe PhD Academy](#), Jan 31 – Feb 2, 2024, Vienna, Austria)

Sep. 2023 – Jan. 2024 **Co-organization of workshop for school students** to promote interest in science, research and studying

Dec. 2022 **TV interview at Café Puls** on the successful implementation of New Year's resolutions

- Feb. 2022 **Interview in podcast Bildungswellen** by Forum Umweltbildung on motivation for pro-environmental behavior [Motivation für eine bessere Welt](#)
- Jan. 2022 – July 2022 **Co-organization of summer school** on *Advanced Regression Analyses* (July 12 – July 15, 2022, Budapest, Hungary)
- May 2022 **Lange Nacht der Forschung**, public science communication event, interactive station on *Why do we (not) make an effort?*